Canine Functional Independence Measure

The C-FIM is intended to be used by clinicians to determine a patient's functional independence. This can be used in assessing quality of life as well as in monitoring improvement during acupuncture or rehabilitative treatments. You can use the scale for this same purpose, or ask that your veterinarian help you in determining your pet's C-FIM Score.

C-FIM Score: ____ / 70
Score functional tests for subject without assistive device (cart, sling, etc) or manual facilitation.

Modified C-FIM Score: ____ / 70

Protective withdrawal
The subject is able to consistently and appropriately withdraw all four limbs from a noxious stimulus (i.e. toe pinching).

7	Complete independence (Timely withdrawal of all four limbs)
6	Modified independence (Delayed or diminished withdrawal of one limb)
5	Supervision (Absent withdrawal of one limb)
4	Minimal assist (Delayed, diminished, or absent withdrawal of two limbs)
3	Moderate assist (Delayed, diminished, or absent withdrawal of three limbs)
2	Maximal assist (Delayed or diminished withdrawal of four limbs)
1	Total assist (Absent withdrawal of four limbs)

Bed mobility
The subject is able to roll from lateral to sternal recumbency, roll from sternal to lateral recumbency, scoot to reposition, and transition from recumbent to sitting and sitting to recumbent.

7	Complete independence (Timely, safely)
6	Modified independence (Requiring increased time)
5	Supervision (Subject performs 100% of the activity but requires supervision for safety)
4	Minimal assist (Subject performs >= 75% of the activity)
3	Moderate assist (Subject performs >= 50% of the activity)
2	Maximal assist (Subject performs >= 25% of the activity)
1	Total assist (Subject performs < 25% of the activity)

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Transfers

The subject is able to transfer from sitting (or recumbent) to standing and from standing to sitting (or recumbent)

7	Complete independence (Timely, safely)
6	Modified independence (Requiring increased time)
5	Supervision (Subject performs 100% of the activity but requires supervision for safety)
4	Minimal assist (Subject performs >= 75% of the activity)
3	Moderate assist (Subject performs >= 50% of the activity)
2	Maximal assist (Subject performs >= 25% of the activity)
1	Total assist (Subject performs < 25% of the activity)

Static standing balance

The subject can maintain a standing position for the purposes of eating and drinking (Bowls may be elevated or at floor level).

7	Complete independence (Timely, safely)
6	Modified independence (Requiring increased time)
5	Supervision (Subject performs 100% of the activity but requires supervision for safety)
4	Minimal assist (Subject performs >= 75% of the activity)
3	Moderate assist (Subject performs >= 50% of the activity)
2	Maximal assist (Subject performs >= 25% of the activity)
1	Total assist (Subject performs < 25% of the activity)

Proprioception

The subject is able to appropriately place all four paws during functional activities and when placed in a dorsal weight bearing position.

7	Complete independence (Timely placing response of all four paws)
6	Modified independence (Places appropriately during functional activity, absent placing of one paw during isolated testing)
5	Supervision (Diminished or absent placing of one paw during functional activity and during isolated testing)
4	Minimal assist (Diminished or absent placing of two paws during functional activities and/or isolated testing)
3	Moderate assist (Diminished or absent placing of three paws during functional activities and/or isolated testing)
2	Maximal assist (Diminished or absent placing of four paws during functional activities or isolated testing)
1	Total assist (Diminished or absent placing of four paws during functional activities and isolated testing)

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Urinary and fecal continence
The subject is continent of urine and feces and indicates a need to eliminate.

7   Complete independence (Timely, safely)
6   Modified independence (Requiring assistance for safety during postures, however the subject is continent 100% of the time)
5   Supervision (Subject is continent 100% of the time, however requires medication or manual expression)
4   Minimal assist (Subject continent >= 75% of the time)
3   Moderate assist (Subject continent>= 50% of the time)
2   Maximal assist (Subject continent>= 25% of the time)
1   Total assist (Subject continent< 25% of the time)

Postures of elimination
The subject is able to assume and maintain postures for purposes of elimination without "traveling" or loss of balance.

7   Complete independence (Timely, safely)
6   Modified independence (Requiring increased time)
5   Supervision (Subject performs 100% of the activity but requires supervision for safety)
4   Minimal assist (Subject performs >= 75% of the activity)
3   Moderate assist (Subject performs >= 50% of the activity)
2   Maximal assist (Subject performs >= 25% of the activity)
1   Total assist (Subject performs < 25% of the activity)

Household walking
The subject is able to walk on level surfaces for at least "household" distances (>=50 feet)

7   Complete independence (Timely, safely)
6   Modified independence (Requiring increased time)
5   Supervision (Subject performs 100% of the activity but requires supervision for safety)
4   Minimal assist (Subject performs >= 75% of the activity)
3   Moderate assist (Subject performs >= 50% of the activity)
2   Maximal assist (Subject performs >= 25% of the activity)
1   Total assist (Subject performs < 25% of the activity)

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Community walking
The subject is able to walk on varies surfaces for at least "community" distances (>=300 feet)

7	Complete independence (Timely, safely)
6	Modified independence (Requiring increased time)
5	Supervision (Subject performs 100% of the activity but requires supervision for safety)
4	Minimal assist (Subject performs >= 75% of the activity)
3	Moderate assist (Subject performs >= 50% of the activity)
2	Maximal assist (Subject performs >= 25% of the activity)
1	Total assist (Subject performs < 25% of the activity)

Stair climbing
The subject is able to ascent and descend at least three stairs

7	Complete independence (Timely, safely)
6	Modified independence (Requiring increased time)
5	Supervision (Subject performs 100% of the activity but requires supervision for safety)
4	Minimal assist (Subject performs >= 75% of the activity)
3	Moderate assist (Subject performs >= 50% of the activity)
2	Maximal assist (Subject performs >= 25% of the activity)
1	Total assist (Subject performs < 25% of the activity)